Activity 9.5
Goal Setting – Documenting Your Vision

Objectives:
- Document a dream and decide what decisions will get you there.

Materials:
- The iSOSY Goal Setting Instructor Guide (p. 16) has different modalities and handouts to choose from:
  - My Life Book
  - Vision Board/Collage
  - Word Cloud
  - Acrostic Poem
  - Music/Song Lyrics
- The iSOSY Student Goal Book (p. 9)

Steps:
1. Gather all the materials for the activity selected.
2. Have participants create a life book or vision board.
3. Have participants reflect on what decisions are needed to achieve the stated dream.