



Activity 9.1

Icebreaker: Would You Rather?

Objectives:

- Make a quick decision and explain it.
- Learn about ways of thinking and explain why you picked a certain outcome.

Steps:

1. Model two or three “Would You Rather?” questions as a whole group.
2. Split into small groups or breakout rooms and discuss further.
3. Debrief together with the entire group and discuss what was learned.



Handout for Activity 9.1

Icebreaker: Would You Rather?

1. Would you rather watch a marathon of your favorite TV show or read a book all day?
2. Would you rather have to wear a dress shirt every day for a month or have to wear a tutu every day for a month?
3. Would you rather always hit a red light for the rest of your life or always get slow internet after the sun goes down?
4. Would you rather only be able to wear sandals/flip flops for the rest of your life or only be able to wear running shoes for the rest of your life?
5. Would you rather have to spend the next 20 years as a student, or spend the next 20 years as an employee?
6. Would you rather wash dishes the rest of your life or clean the bathroom for the rest of your life?
7. Would you rather never be rejected ever again, or never fail ever again?
8. Would you rather have to eat everything you've ever disliked for the rest of your life or have a job you've never wanted for the rest of your life?
9. Would you rather be homeless but never have to work or work at a job you hate for the rest of your life?
10. Would you rather spend your day doing hard manual labor or sit in front of a computer screen all day?