Activity 8.1

Touched by Suicide

**Objective:**
- This activity illustrates the prevalence and impact of suicide. Statistics tell us that at least half the room will answer yes to being personally affected by the issue of suicide.

**Steps:**
1. Prepare a yes/no poll for the following question:
   a. Do you know someone who has attempted or completed a suicide?
2. Reassure participants that answering the question is not mandatory, especially if it is triggering.
3. Run the poll and discuss the results as a group.