Activity 8.2
What Would You Do? (Amanda Example)

Objective:
- It is helpful to think proactively about how to respond to statements that may be red flags for risk of suicide.

Steps:
1. Show the PowerPoint slide that has the following statements made by Amanda:
   a. “I plan to give my championship soccer ball away to my best friend.”
   b. “I wonder if anyone would notice I’m gone?”
   c. “Why doesn’t anyone care?”
2. Divide participants into groups to discuss:
   a. What would you do?
   b. What are some other statements that could be red flags?
3. Have the entire group discuss:
   a. What should we listen for in order to discern when a student may be having suicidal thoughts?