



RESPONSIBLE DECISION-MAKING ACTIVITIES

Activity 9.3

Video – What Are My Values?

Objectives:

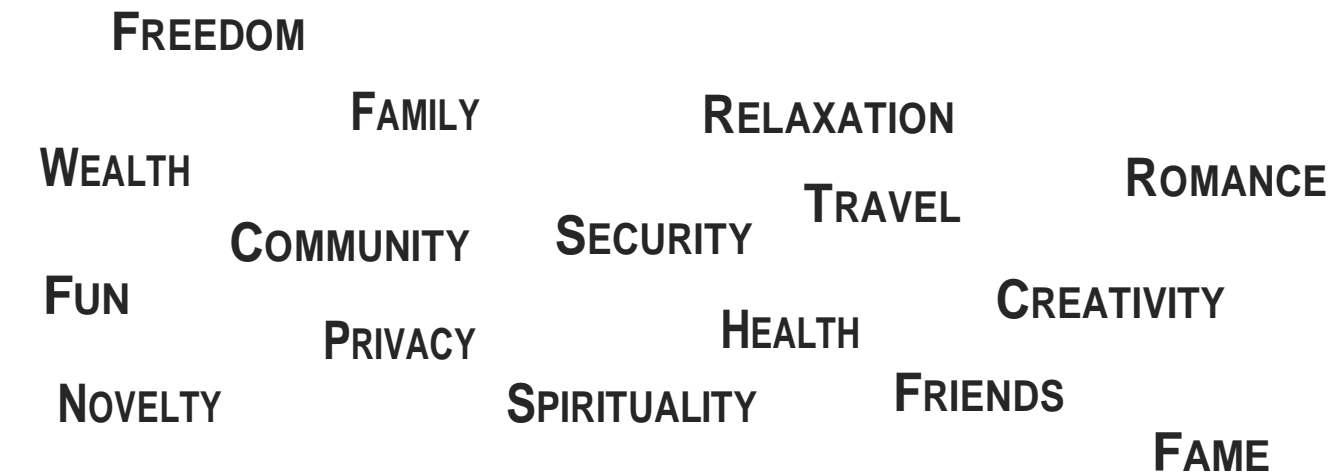
- Explore how values affect decision making and promote values-based decision-making.

Materials:

- Video: <https://www.decisioneducation.org/decision-focus-values>
 - Explains how identifying your values helps you get the most of what you want
 - Demonstrates how prioritizing values helps clarify your possible choices
 - Describes how some values are situational and others are not
- Handout: Decision Focus 04: Clear Values Activity

Steps:

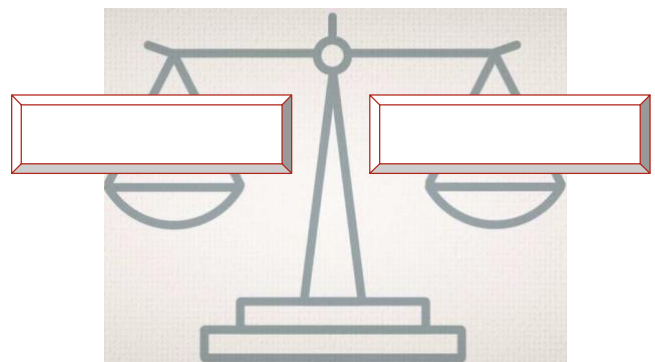
1. Watch the video together.
2. Have participants complete the handout.
3. Debrief together with the entire group and discuss:
 - a. What have you learned?
 - b. How would you do this with your students?



The values above are a starter list. **Complete these steps.**

1. Add any important missing values that matter *to you* in your life.
2. Circle the 8 values that have the highest priority to you.
3. Of the 8 circled, draw a star near the most important 4 values.
4. Of the 4 starred, draw a second star near the most important 2 values.
5. Write the final 2 values on the scale, then choose *the highest* priority value.

Identify a decision situation where the two highest values would force a tradeoff.



Tradeoff Scale