



## Activity 3

### Explore the ACEs Resource Page EVERS Website

#### *Objective:*

- Explore the five (5) ACEs chapter PowerPoint (PPT) Presentations available on the EVERS website: <https://www.projectevers.org/learnaboutaces>

#### *Steps:*

1. Divide into small groups and choose a chapter PPT for each group to review:
  - a. *Defining ACEs: Understanding Adverse Childhood Experiences*
  - b. *The History of the Original ACEs Study*
  - c. *Epigenetics*
  - d. *Understanding the Effects of Trauma*
  - e. *ACEs and the Power of Resilience*
2. Each group should answer the following questions and post on chart paper:
  - a. What did we learn about ACEs from this resource?
  - b. How does this chapter PPT inform my work with students?
  - c. What information can I share with students?
3. Gallery walk: Participants can walk around the room to see what each group has posted. The participants can add their own comments and questions with sticky notes.
4. Whole group discussion: Lead a discussion on the primary ideas that came out of the activity.