Activity 3

Explore the ACEs Resource Page EVERS Website

Objective:
- Explore the five (5) ACEs chapter PowerPoint (PPT) Presentations available on the EVERS website: https://www.projectevers.org/learnaboutaces

Steps:
1. Divide into small groups and choose a chapter PPT for each group to review:
   - Defining ACEs: Understanding Adverse Childhood Experiences
   - The History of the Original ACEs Study
   - Epigenetics
   - Understanding the Effects of Trauma
   - ACEs and the Power of Resilience
2. Each group should answer the following questions and post on chart paper:
   - What did we learn about ACEs from this resource?
   - How does this chapter PPT inform my work with students?
   - What information can I share with students?
3. Gallery walk: Participants can walk around the room to see what each group has posted. The participants can add their own comments and questions with sticky notes.
4. Whole group discussion: Lead a discussion on the primary ideas that came out of the activity.